

Friend Ships

January 2023 Activities Report

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Dear Friends:

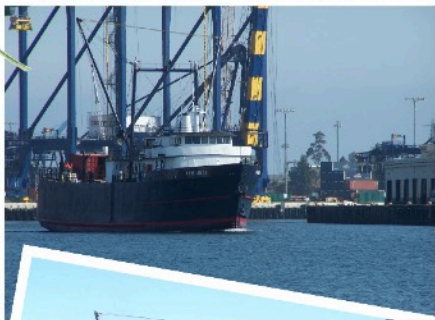
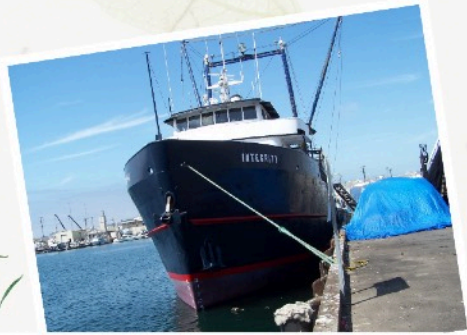
Thank you so much for your love, gifts, prayers and labor. We are so grateful to have you alongside of us as we are blessed to serve the Lord and have the privilege to provide aid to people in need.

This past month we have collected wonderful food from grocery stores and have grown produce in the The Garden at Port Mercy. In addition to feeding our wonderful team, this food has been able to provide for ministries in Southern California who are helping those recovering from addictions, people without permanent homes and low-income families. In Southwest Louisiana, we have given food aid to organizations helping homeless men and women, the elderly in need and churches ministering to the Hispanic community.

Along with supplying the needs of other ministries, one of our priority projects is the reactivation of MV Integrity (pictured here). The plan for her first mission following the rebuilt is to deliver aid to the impoverished people of Cuba. With a large rear ramp and a thousand tons of cargo space, it is an amazing tool for helping people in need.



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*Then they cry out to the Lord in
their trouble and He brings them out
of their distresses.*

Psalm 107:28

Our other major project is to establish a humanitarian aid education base in the Middle East. The annual Sea Hawk training for young adults will start in Israel this fall. We are currently working on securing a location for the next humanitarian aid outreach there and plan to couple it with classes in food service, medical aid, commodity distribution, search & rescue, self-defense, high-water rescue, spiritual support and more.

Friend Ships is taking applications for full-time crew based at Port Mercy in Lake Charles, Louisiana and for Sea Hawks young adult training program. See www.friendships.org for more information.

Thank you again for your tremendous help to us. Friend Ships is able to bring aid to people in the Name of Jesus because of the combined efforts of so many people and organizations.

Gal 6:7-10 Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.