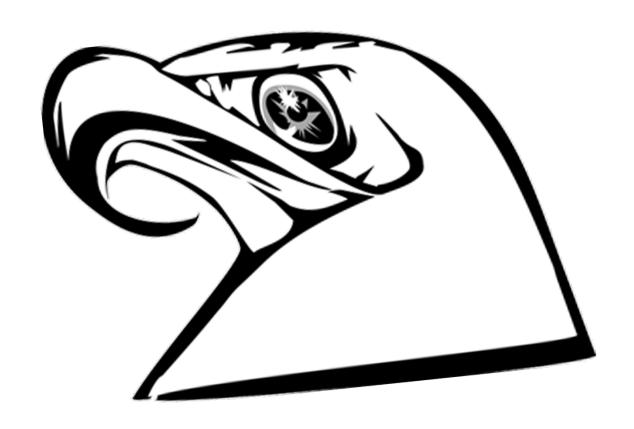
# SEA HAWKS



# RISE TO THE OCCASION AND SEIZE THE DAY

# SEA HAWK MISSIONS TRAINING PROGRAM

#### **Holy Land 2018 Mission**

The Sea Hawk program is a residential training program designed for both males and females between the ages of 18 - 25 who are seeking what God has for their lives and wish to grow further in their walk with Christ.

This next intake year we are offering a very special opportunity to take part in our current mission in the Middle East. Following basic training, which will be done at "Port Mercy" in Lake Charles, Louisiana. Sea Hawks will be deployed to assist with providing care for the victims of the Syrian conflict at "Camp Ichay" located on the border between Syria and Israel.

An exciting part of this will be the chance to study God's word in the land of Israel and to experience the places, history, and culture where Jesus and the disciples lived and worked. As well as the possibility of being involved in some of the work being done in the rediscovery of the history of the Holy Land.

This session will be starting September 10, 2018, and go until early August (*TBA*). After successfully completing the first year, there are options for extending those who wish to commit for a longer period.

Friend Ships / Sea Hawks is not a degree-granting institution and is not accredited by any agency recognized by the U.S. Department of Education. They will get a certificate of completion from Friend Ships, Sea Hawks.

# HOW DOES IT WORK?

The Sea Hawks program works by providing a safe and structured environment for young people to find out what God has for them. Character is developed by having to face daily challenges that will stretch a young person. Those in the program are divided into teams that live together, work together and are deployed on missions together. Each day has a set routine that can be carried out regardless of what task or location the team is assigned.

# **OBJECTIVES OF SEA HAWKS**

#### **Purpose**

To equip young men and women to be able to effectively accomplish whatever mission God has created them for.

#### Mission

To instill in young people the Godly character that they will need to advance God's kingdom in the middle of hardship and opposition.

#### Method

Training and discipline in a military-style atmosphere using structured challenges to test and develop the individual's spiritual, emotional, mental and physical limits and strength.

#### Vision

To have young people prepared and deployed across the globe responding to people in need both as teams and individuals and actively displaying the core values of Sea Hawks in their lives.

# **TRAINING**

Training is done in every level of Sea Hawks both in formal and informal methods. Training is often very difficult and participants will be pushed to the limits of their abilities often finding that they are capable of more than they thought.

Though the recruits will some receive training as an individual the majority of it will be as part of a team. The recruit will be part of a squad and unit and will often be judged on the performance of the team.

Training will include Spiritual, Emotional, Mental, Physical, Character, and Skills.

# **Spiritual**

Participants will be challenged in the establishment of a disciplined personal time with God. This is done by having a daily set time that is given over to personal prayer, Bible reading, and meditation. Participants are given assistance in proving that it is possible to have an intimate relationship with God even in the most extreme and trying circumstances. Participants are also challenged in establishing a corporate time with God. This is done through having daily small group bible studies. Recruits will learn how to live the Word of God and how to make God part of everything that they do in their daily life. Regular Scripture memorization is part of this.

#### **Emotional**

The participants are faced with many emotional challenges that range from homesickness through to anger at their teammates, from fear to discouragement. Help is given to assist them to face and find a Godly way of dealing with their emotions. In doing so Godly character can be developed in the areas of self-control, perseverance, courage, and submission.

On this mission, they will also be faced with the reality of war and the effects of it. They will learn some of the tools that are required to be able to continue in effective ministry to a hurting people.

#### Character

Participants will face many situations that will help them develop Godly characteristics. These are more often than not learned through having to face the various difficult trials and challenges they must go through in their daily routine. One of the first challenges that they will have to face will be in the area of "Drill" where they will be taught how to follow instructions as well as how to work as a team.

#### For example:

- Faithfulness is taught by being held accountable for actions.
- Stewardship is learned by learning to take care of the items that they work with and taking care of the facilities by learning good "Housekeeping" skills.
- Authority is learned by having to be obedient to instructions, submission to both God and those in leadership and honor to those around us. Participants are also taught what this means in the case of having those in authority to you (Roman Centurion).
- Other areas include developing persistence, confidence, and love.
- The nature of relief work also teaches flexibility and how to deal with a constantly changing situation.

# **Physical**

"PT" is a fundamental part of the participants training. Much of the work that they will be training for requires that they have a certain level of strength and endurance. This also provides the arena where they will have to learn to develop some of the self-control and persistence that is needed for effective ministry. Learning how to look after themselves through good eating habits and wisdom is also part of this training. It is recommended that the prospective recruit start a fitness regimen prior to arriving.

# **Evangelism**

Training in how to be an effective soul winner through both active (sharing one's testimony and leading people through the salvation scriptures) and passive (prayer, friendship, meeting a physical need and support services) methods. Recruits are taught how to see the opportunities for sharing their faith in everything that they do and are integrated into all mission deployments and service activities.

# **Basic Training**

The first 12-week section of Sea Hawks is Basic Training. This is where participants will be introduced to the program and the Sea Hawks way of doing things. Much of the training in this section is in the basic skills of a topic, which will be needed as a foundation for the training that will be faced later on in their elective topics.

#### They will also cover areas such as:

- o How to keep bunkrooms room clean and tidy.
- How to clean bathrooms and showers.
- o How to take care of personal equipment.
- o How to correctly wear Sea Hawks uniform.
- Basic Self-defense.
- o Formation Drill.
- o History of Friend Ships.
- o How to take care of ministry equipment.
- o How to study the Bible.
- o Basic Evangelism.
- o Fundamentals of the faith.

They will also be introduced to the work that Friend Ships does in the area of disaster response. This will include some outside training as well as a lot of hands-on practice at some of the support functions of a disaster base camp.

#### Such as:

- o Basic Food services.
- o Layout and set up of a Base Camp.
- o Basic Mechanics.
- o Care and safe operation of equipment.

Though skills' training is important, as we must be able to do the task that God has given us, the main emphasis of Basic training is on character development. Participants will learn how to become self-disciplined in their personal time with God when facing extreme circumstances. As well as how to show Jesus to people through their actions and attitudes.

#### Some of the things that participants will face include:

- o Living in close quarters with others.
- o Starting their day early.
- o Being accountable to others for their actions.
- o Physical fitness program.
- o Having to change plans at a moment's notice.
- o Learning how to submit to authority.

Basic training also is where the participants are introduced to the core values, code of conduct and customs of the Sea Hawks. Each week of Basic training a different core value is emphasized and this pattern is continued in their other work skills units.

# **Work Skills**

With this class being set for a specific mission the skills that will be covered will relate more to the specifics of this mission than the general skills covered in most years. There will be greater emphasis on the skills needed to meet the needs of those affected by this conflict. There will also be a greater emphasis on language studies beginning in Basic training as we will be working primarily with non-english speakers.

In this training, we will be building the basic skills as well as developing good work ethics accountability and stewardship. Again the skills learned are practice-based rather than in a classroom setting. As in basic training, the main emphasis is still on character development.

#### **Areas include:**

- Food service Basic food preparation and cooking skills as well as managing of food
- stores and service skills.
- Commodity distribution Basic methods used for the safe distribution of supplies needed by a displaced community such as food, clothing, water, and medical supplies.
- Security Basic methods used for the safe management of people and environmental awareness.
- As well as Emergency Response, Disaster Preparedness, Disaster Response, Self-defense, Logistics, First Aid and Language.

# Life as a Sea Hawks

Life in the Sea Hawks is very different from that which they are used to living. The recruit's day is very structured from the time they wake up until lights out. The day starts at 05:00 with wake up and room inspection, which is followed by a personal time with God.

Their day consists of set times of drill, PT, chores, skills training and study. Their day contains very little free time as they are expected to maintain their uniforms and personal equipment in their off hours as well as needing to work on scripture memory verses and other homework. Sundays are mostly free so that they can attend church and catch up on writing letters back home or just relaxing with fellow team members.

Drill instructors and officers are constantly holding them to the highest possible standard and will also be challenging them to deepen their relationship with God.

During basic training Laptops, cell-phones, music players, make-up, jewelry, etc. are not permitted and will be collect and turned in, stored until after basic training is completed.

Though this is a difficult and challenging program the rewards from it are immeasurable as they build close friendships with like-minded people that are also going through the same challenges as they are. They will learn how God is a part of everything that they do and how to share their faith in all situations. They will become disciplined men and women of God that will not let anything stand in their way in accomplishing God's will for their lives.

As this is for a specific mission will we often have to drop whatever we are doing to be able to help in a time of need. There will be times in which everything changes very quickly and we must be flexible and able to adapt so that they can respond to whatever the need is. Our daily routine may be upset due to events that require around the clock staffing and they may find themselves on a

different schedule than some of their teammates. There will be times when we the day will not end until the work is over and in the past, this has meant having to work extremely long hours with only short rest periods.

During their time you will meet people that come from very different Church, social and cultural backgrounds. On this deployment, the people that we are working with will often not speak the same language that we do. We have found that these can be great times of fellowship and bonding when we choose to see our similarities rather than our differences.

# **Bible Classes**

# Theology 101 – Fundamentals of the Faith

Course Description

Basic tenants of the Christian Faith with a focus on the scriptures being the Word of God.

Purpose

To lay a basic groundwork of Christian Doctrine into the student

# Bible 101 – How to study the Bible

Course Description

Basic methods in Bible study. Focus is given to the four main methods of Book, Topical, Character and Devotional.

Purpose

To equip students with a basic toolbox for the effective personal study of God's Word.

# Bible 102 – New Testament Survey

Course Description

An Introduction to the New Testament. Focusing on the historical setting, characteristics, and teachings of the books of the New Testament.

Purpose

To give the student an understanding of the New Testament, gain confidence in its reliability and become better equipped to share its truths with others.

Prerequisite

Bible 101 – How to Study the Bible

# Bible 103 – Old Testament Survey

Course Description

An introduction to the authorship and contents of the Old Testament books. Special attention will be given to important persons, places, and events, as well as to key chapters in the Old Testament revelation. Attention will also be given to God's plan of Salvation shown in the Old Testament.

#### Purpose

A student of God's Word must consider the value of the Old Testament in the life of a follower of Christ. Not only is the Old Testament the history of the Jewish people, but it also holds God's earliest teachings of sin and God's plan to bring mankind back to Him.

#### Prerequisite

Bible 101 – How to Study the Bible

# Spiritual Life 101 – Spiritual Formation

#### **Course Description**

This course focuses on the development of the believer's spiritual life. Focus is given to the spiritual disciplines of Prayer, Bible reading, Scripture memory and Worship and the establishment of a strong personal relationship with God.

#### Purpose

To create a strong personal relationship between the student and God and to give them the tools to evaluate and improve the condition of that relationship.

# Spiritual Life 102 – How to Pray

# Course Description

An introduction to prayer and what the Bible has to say about it. Focus on giving glory to God and the extension of His kingdom as well as how to stand in faith when praying.

#### Purpose

To equip students with a basic toolbox for effective development of a regular personal and powerful prayer life.

# Spiritual Life 103 - Faith

#### Description

An Introduction to Faith and the correct application of it in the daily routine of the believer.

#### **Purpose**

To prepare students to be able to walk rightly in the promises that God has given in His word, so they can effectively carry out His call on their lives.

#### **Prerequisites**

Theo 101 – Fundamentals of the Faith Bible 101 – How to Study the Bible SPL 102 – How to Pray

# SEA HAWKS CORE VALUES

# 1. To be people that place God first and foremost in all that we do;

To place God as the center and reason for that we do, think and speak. God is the foundation of all other values and ideals that we hold dear.

#### 2. To be people that show God's love to the world around them;

To reach out to those who are hurting in this world with any of the resources we have available. We do this in order to fulfill the scriptures, demonstrate who God is, bring others into a relationship with Christ and/or deepen their existing relationship they may have.

# 3. To be people of honor;

To live a life as an offering to God that will not bring reproof to either his name or the Christian faith; to live a life that shows respect for all those we come in contact with, including those over us in authority, those under us in authority and our peers.

# 4. To be people of excellence;

To live our lives as unto the Lord, giving him the very best in our speech, thoughts, and actions.

# 5. To be people of both physical and moral courage;

To choose to do the difficult right over the easy wrong; to experience courage not as the absence of fear but in facing and overcoming it through reliance on God.

# 6. To be people of integrity;

To be people of our word, to live and act as we speak. As the Bible says in James 1:22 "But be ye doers of the word, and not hearers only, deceiving your own selves." To live so that people know they can trust us.

# **CODE OF CONDUCT**

I

# I will not give in to anyone but Christ.

I will follow His plan for my life. I will hold fast to the promise that as I submit to God and resist the devil then he will flee.

Ш

# I will stand in the gap for others.

I will place the well-being of others over and above my own personal comfort, bring aid and hope to those who are in need.

Ш

# I will continually resist the devil by God's Grace

And make every effort to live a holy life, avoiding and overcoming temptation, I will also aid others in finding freedom in Christ. I will accept neither power nor special favors from the enemy.

IV

# I will keep the faith with my fellow believers, regardless of my situation or personal opinion.

I will not bear false witness and will seek to only build others up. I will obey any orders given that do not conflict with God's law by those in authority over me and support them in every way. If so needed I will take command.

V

# I will always be ready to give an answer to anyone who asks me for the reason for the hope that is in me.

I will not bring the cause of Christ into bad repute through either my words or my actions.

VI

I will not shirk responsibility, nor waiver when demands increase.

VII

I am responsible for my own actions. I will always place my trust in God.

# SEA HAWKS CREED

I believe in God. Father, Son, and Holy Spirit.

I believe that the Bible is the divinely inspired word of God in its entirety.

I will place God first in everything that I do and will be His hands and feet in this world.

I believe men and women are created in God's image and therefore by serving others, I am directly serving Christ.

I will seek to live my life by word and action in the purpose of communicating a living demonstration of the Gospel.

I will honor those over me and will continually strive to always give my very best.

I will submit myself to the disciplines and training that I must face.

I will work with others as a team member and will lift them up.

I will pray for all those in authority.